



network

Hull and East Riding Sexual and Reproductive Healthcare Partnership

Sexual Health Training in Hull 2010/11



City Health Care Partnership



Hull
City Council



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*PGDs - Patient Group Directions

Training Month-by-Month 2009/2010 (Non-Clinical)

January 2010

Positive Sexuality: Older people in Residential Care 20th
Supporting Young People: Sexual Wellbeing 26th

February 2010

No Rush, No Regrets 10th & 11th
Delivering Sexual Health Training 17th, 18th & 25th
Introduction to Sexual Health 22nd

March 2010

Sexuality Awareness 3rd
Working with Boys and Young Men 8th & 9th
Supporting Young People: Sexual Wellbeing 31st

April 2010

Introduction to Sexual Health 22nd
Education for Choice - abortion: dilemmas and decisions 13th

May 2010

Supporting Young People: Sexual Wellbeing 12th

June 2010

Working with Boys and Young Men 7th & 8th
Introduction to Sexual Health 15th
Sexuality Awareness 18th
No Rush, No Regrets 29th & 30th

July 2010

Education for Choice - pregnancy: choices and challenges 6th
Supporting Parents: Sexual Wellbeing 19th & 20th
HIV Awareness 21st
Supporting Young People: Sexual Wellbeing 26th

September 2010

Working with Boys and Young Men 6th & 7th
Sexuality Awareness 14th
Introduction to Sexual Health 24th
Positive Sexuality: People with Learning Disabilities 29th
Delivering Sexual Health Training 16th, 17th & 22nd

October 2010

Supporting Young People: Sexual Wellbeing 14th
Promoting the Positive Sexuality of Older People in Residential Care 19th

November 2010

No Rush, No Regrets 4th & 5th
Introduction to Sexual Health 17th

December 2010

HIV Awareness 1st
Working with Boys and Young Men 6th & 7th

Training Month-by-Month 2009/2010 (Clinical)

April 2010

Pregnancy Testing 14th
Chlamydia Screening 14th

May 2010

Guide to Contraception Including LARC 17th
STI Foundation 20th & 21st

June 2010

PGDs - Emergency Hormonal Contraception (day 1 of 2) 24th

July 2010

PGDs - Emergency Hormonal Contraception (day 2 of 2) 8th

October 2010

PGDs - Emergency Hormonal Contraception 7th & 21st
Chlamydia Screening 25th
Pregnancy Testing 25th

November 2010

Guide to Contraception Including LARC 8th

Training Contract

This contract refers to the Training Course detailed below. The contract is “an agreement between the course provider, manager and participant”. Some of the non-clinical courses may be available for delivery outside Hull.

Course providers agree to:

- Clearly set out the aims and objectives of the course.
- Provide hand-outs for participants as necessary.
- Ensure the course is evaluated and results are used to inform future training.

As manager of the participant I agree to:

- Ensure the suitability of the participant following assessment of training needs, willingness to attend and commitment of the individual.
- A commitment to release the participant for the duration of the course.
- Ensure that the participant is free from all work commitments during the training as non-attendance or not fully completing the course will be subject to a £50 administration charge.

As a participant I agree to:

- Participate in the entire course.
- Ensure that I am free of work commitments for the duration of the course.
- Complete the course in full or be subject to a £50 administration charge.
- Inform the training contact if I cannot attend (at least 5 working days in advance)
- Complete any further evaluations as requested

Participant's Name	Date:
.....	
Participant's Signature	Date:
.....	
Manager's Name	
.....	
Manager's Signature	Date:
.....	
Course Provider Signature	Date:
.....	

Booking Form

Name.....	Work Tel.....
Job Title.....	Work Email.....
Organisation/Agency.....	Course to be attended.....
.....
.....
Work Address.....	First Choice of Course Date.....
.....
.....
.....	Second Choice of Course Date.....

Training Contacts

Please send completed booking agreement forms to the course contact stated in the course outline

Helen Phillips

Cornerhouse (Yorkshire)
29 Percy Street
Hull
HU2 8HL

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Helenp41@myway.com

Angela King

Secretary to the Health Promotion Team
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Hull
HU2 8PX

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angela.king@hcphull.nhs.uk

Christine Hornsby

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Conifer House
32-36 Prospect Street
Hull
HU2 8PX

01482 336353 (Mon, Weds, Fri)

christine.hornsby@hcphull.nhs.uk

Non-Clinical Courses

Working Effectively with Boys and Young Men

Aim

This 2 day course is designed to provide participants with an understanding of the issues that affect boys and young men in relation to sexual wellbeing. The course provides a safe environment for participants to explore a variety of ways of effective working with boys and young men.

Learning Outcomes

- To reflect on current practice when working with boys and young men
- To explore and identify worker values in relation to perceived behaviours (social and emotional) of boys and young men
- To acquire knowledge of effective ways of working with boys and young men
- To gain an understanding of the sexual health needs of boys and young men

Target Group

Open to anyone providing support, information and services in sexual health; for example primary care staff, school & community nurses, voluntary sector staff, youth workers, PSHE teachers, Connexions staff

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
8th & 9th March 2010	9.30am – 4pm	The Samaritans, Spring Bank
7th & 8th June 2010	9.30am – 4pm	Boulevard Resource Centre
6th and 7th Sept 2010	9.30am – 4pm	Boulevard Resource Centre
6th and 7th Dec 2010	9.30am – 4pm	Boulevard Resource Centre

HIV/AIDS Awareness

Aim

This non-clinical session aims to provide the participants with an overview of HIV and AIDS, to reduce the stigma attached to the condition and improve client experience.

Learning Outcomes

- Understand the nature of HIV and AIDS and how they affect the body
- How HIV is transmitted
- Understand the importance of personal values and terminology when dealing with HIV/AIDS
- Knowledge of treatments for HIV

Target Group

Workers providing support, information and services in sexual health, particularly GPs, general practice staff, acute staff, school and community nurses, voluntary sector workers, youth workers, Connexions P.A.s and PSHE teachers who are thinking about these topics for the first time.

Contact **Angela King** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
Wed 21st July 2010	10.00am – 12.00pm	Hilltop Club, The Learning Centre, Willerby
Wed 1st Dec 2010	1.00pm – 3.00pm	Hilltop Club, The Learning Centre, Willerby

Introduction to Sexual Health (Level 1)

Aim

This half day training session is designed as the first step for anyone looking to gain the knowledge and confidence to support young people around sexual health issues

Learning Outcomes

- Knowledge of up to date and accurate information to promote safer sex and contraception
- An understanding of the nature and transmission risk of STIs (Sexually Transmitted Infections including HIV and AIDS)
- Awareness of where to access and sign post to local sexual health services
- A practical overview of sex and the law

Target Group

Everyone providing support, information and services in sexual health; for example: family support workers, youth workers, PSHE teachers, Connexions staff, school nurses, health visitors

Contact **Helen Phillips** with completed form

(See Training Contacts page 8)

Dates	Time	Venue
Mon 22nd Feb 2010	9.30am – 1pm	Boulevard Resource Centre
Thurs 22nd Apr 2010	1pm – 4.30pm	Boulevard Resource Centre
Tues 15th June 2010	9.30am – 1pm	Boulevard Resource Centre
Fri 24th Sept 2010	9.30am – 1pm	Boulevard Resource Centre
Weds 17th Nov 2010	1pm – 4.30pm	Boulevard Resource Centre

Sexuality Awareness

Aim

This training package provides participants with a basic understanding of the issues relating to gay men, lesbians and bisexuals.

There is a particular emphasis on practical action that can be taken within primary care settings in order to improve access and patient experience for this marginalised group.

Learning Outcomes

- Understanding of homophobia and heterosexism and their impact on client experience
- Overview of relevant research
- Challenging homophobic language, myths and stereotypes
- Identifying priorities for change in the workplace

Target Group

Workers providing support, information and services in sexual health, particularly GPs, general practice staff, acute staff, school and community nurses, voluntary sector workers, youth workers, Connexions P.A.s and PSHE teachers.

Contact **Angela King** with completed form

(See Training Contacts page 8)

Dates	Time	Venue
Weds 3rd March 2010	9.30am – 12.30pm	Room 1, The Learning Centre Willerby
Fri 18th June 2010	1pm – 4pm	Hilltop Club, The Learning Centre Willerby
Tues 14th Sept 2010	9.30am – 12.30pm	Room 2, The Learning Centre Willerby

Supporting Young People: Sexual Wellbeing (Level 2)

Aim

Participants will explore sex and relationship education while being offered practical strategies to integrate promoting positive sexual health into current working practices.

Learning Outcomes

- An understanding of the appropriate use of sexual language and terminology
- How to engage and challenge young people about sexual health issues -particularly in relation to sensitive or problematic situations
- Understand and acknowledge the issues faced by young people relating to sexuality and sexual wellbeing
- The opportunity to apply and integrate current trends in sexual health training

Target Group (*Participants must have completed Introduction to Sexual Health*) Those providing support, information and services in sexual health; for example: family support workers, youth workers, PSHE teachers, Connexions staff, school nurses, health visitors.

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
Tues 26th Jan 2010	9.30am - 4.30pm	Boulevard Resource Centre
Wed 31st Mar 2010	9.30am – 4.30pm	Boulevard Resource Centre
Wed 12th May 2010	9.30am – 4.30pm	Boulevard Resource Centre
Mon 26th July 2010	9.30am – 4.30pm	Boulevard Resource Centre
Thurs 14th Oct 2010	9.30am – 4.30pm	Boulevard Resource Centre

N.B. Connexions workers, youth workers and Social Services workers please contact your line manager/HR/Training Lead as applicable for dates and venues for your organisation

No Rush - No Regrets

Aim

To equip those working in the field of sexual health service provision with young people with the understanding and skills to help support young people to delay sex, until they feel ready to make positive and informed choices.

Objectives

- To look at the causes and effects of early sex and current research findings
- To understand the role played by media and peer pressure in early sex
- To explore a range of practical ways of working with young people to help them to make positive and healthy decisions for themselves
- To gain skills to hand on to young people in how to say 'no' and resist pressure
- To focus on alternatives to having sex for example in terms of exploring intimacy and sensuality in non-sexual ways
- To consider the role played by friendships, supportive adults and professionals in supporting delay

- To reflect on ways in which we can offer guidance and support to young people about delaying early sex
- To try out a new approach to building young people's self esteem
- To plan ways in which to implement the course learning, how to integrate these approaches into all aspects of practice and how to present and develop this work with young people

Target Group

Open to anyone offering direct sexual health support, services, education and advice to young people.

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
Weds 10th & Thurs 11th Feb 2010	9.30am – 4.30pm	Room 2, The Learning Centre, Willerby
Tues 29th & Wed 30th June 2010	9.30am – 4.30pm	Hilltop Club, The Learning Centre, Willerby
Thurs 4th & Fri 5th Nov 2010	9.30am – 4.30pm	Room 2, The Learning Centre, Willerby

Education for Choice - Abortion: Dilemmas and Decisions

Aim

- To raise awareness and understanding of teenage pregnancy and abortion so that professionals can facilitate constructive discussion of the issues and equip young people to make and act on informed choices
- To enable practitioners to provide clear information and supportive advice about abortion to young people
- To facilitate reflection of personal attitudes and values and how they impact on professional practice

Learning Outcomes

- Be able to explain the importance of addressing abortion with young people and professionals
- Have considered their own and other's view points on pregnancy and abortion and reflected on how these might influence their work with young people
- Be better able to take a client focus
- Be able to use a range of exercises to facilitate discussion of abortion with young people in group work/education

- Feel more confident in delivering abortion education within Sex and Relationships Education
- Have considered practical ways of supporting a young person to make an informed decision about pregnancy and feel more confident in doing so
- Understand key policies relating to young people, abortion, confidentiality and the law.
- Know about abortion provision and understand abortion in relation to physical and emotional health

Target Group

PSHE Teachers/Coordinators, School Nurses, Health Educators, Connexions Advisors, Youth Workers, Social Workers

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
Tues 13th April	9.15am – 4pm	Conference Room, The Goodwin Centre

Promoting the Positive Sexuality of Older People in Residential Care

Aim

This 1 day course aims to raise the awareness of sexual health issues relating to elderly residents, offering workers the opportunity to increase their confidence and skills to engage with these issues.

Learning Outcomes

- Increase knowledge of rights, legislation and policy issues
- Gain skills and awareness in addressing issues of sexuality
- Address values and attitudes and their impact
- Gain awareness of resources

Target Group

Suitable for anyone working in the residential care of older people.

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
Wednesday 20th January 2010	10.00am – 4.30pm	The Samaritans, Spring Bank
Tuesday 19th October 2010	10.00am – 4.30pm	Boulevard Resource Centre

Promoting the Positive Sexuality of People with Learning Disabilities

Aim

This 1 day course aims to give workers an awareness of the sexual health rights of people with learning disabilities and the knowledge, confidence and skills to apply inclusive practice.

Learning Outcomes

- Increase knowledge of rights, legislation and policy issues
- Gain skills and awareness in addressing issues of sexuality
- Address values and attitudes and their impact
- Gain awareness of resources

Target Group

Suitable for anyone working with people with learning disabilities.

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
Wednesday 29th September 2010	10.00am – 4.30pm	Boulevard Resource Centre

Supporting Parents: Sexual Wellbeing (2 day Course)

Aim

To increase worker confidence and skills so that they can engage with parents to promote talking to children about issues of sexual health and wellbeing.

Target Group

Anyone who works with families and/or parents. In November 2007 the Department for Education and Skills released a strategy entitled **“Every Parent Matters”** and within it there were a number of references to parents discussing sexual health with their children. One of the key points that was raised was:-

“Frank and unembarrassed discussion about risk taking also helps young people develop skills to make safe and informed choices.”
For example, *“teenagers who can discuss sex and relationships with their parents openly, and without embarrassment, start having sex later in life and are more likely to use contraception.”*

Objectives

The course is designed to develop worker skills and knowledge around sexual health.

This will include exploring:

- What are the barriers for parents in talking to their children about sexual health?
- How the worker can help the parent find solutions to these barriers?
- Information about sexual health and services available.
- What is appropriate?
- Confidence raising

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
Mon 19th & Tues 20th July 2010	9.30am – 4.30pm	Boulevard Resource Centre

Delivering Sexual Health Training (T4T)

Aim

This 3 day course in line with the recommended quality standards for sexual health training (DH,2005), will give participants the opportunity to explore and reflect on effective ways to deliver SRE (sex and relationship education) and engage with young people

Learning Outcomes:

- Explore and Develop a sensitive and appropriate style of delivery
- Understand the need for a safe and co-operative training environment
- The opportunity to engage with a variety of methods and materials appropriate for SRE delivery
- Gain an understanding of their role as a facilitator to positively challenge discrimination, stigma and prejudice within a social and holistic model of sexual wellbeing

Target Group

The course is designed for anyone who is, or will be, delivering sexual health training and needs to reflect on or update their current practice.

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
17th, 18th & 25th February 2010	9.30am – 4.30pm	The Samaritans, Spring Bank
16th, 17th & 22nd September 2010	9.30am – 4.30pm	Boulevard Resource Centre

Education for Choice - Pregnancy: Choices and Challenges

Aim

- To raise awareness and understanding of teenage pregnancy and abortion specifically in relation to young people in care and care leavers.
- To enable professionals working with young people in care and leaving care to facilitate constructive discussion of the issues and to support a process of informed decision-making.
- To facilitate reflection of personal attitudes and values and how they impact on professional practice.
- To promote understanding of the unique needs of young people in and leaving care in relation to pregnancy decision-making.

Learning Outcomes

- Participants will have considered their own and others' view points on pregnancy and abortion and reflected on how these might influence their work with young people.
- Be better able to take a client focus.

- Have considered practical ways of supporting a young person to make an informed decision about pregnancy and feel more confident in doing so.
- Understand key policies relating to young people, abortion, confidentiality and the law.
- Know about abortion provision and understand abortion in relation to physical and emotional health.
- Be better prepared to respond to the unique needs of young people in care and care leavers

Target Group

Professionals who work exclusively or primarily with young people in or leaving care – Social Workers, Looked after Children Workers, Leaving Care Team Workers, Looked after Children Nurses, Care Service Managers, Foster Carers.

Contact **Helen Phillips** with completed form
(See Training Contacts page 8)

Dates	Time	Venue
6th July 2010	9.15am – 4.30pm	Conference Room, The Goodwin Centre

Homophobic Bullying

Bullying causes permanent damage to young people and blights the schools and colleges where it takes place. One of the most invisible forms is homophobic bullying. But it's not just a gay issue. Homophobia affects all pupils and students – lesbian, gay, bisexual and straight.

Anti-bullying campaigns need to understand and address this. Making all young people – regardless of their sexuality – feel included and valued is a major opportunity for our educational system to transform the lives of a significant number of pupils and students.

Homophobic bullying is endemic in British schools:

- Four in five secondary school teachers say they are aware of verbal homophobic bullying.
- One in four secondary school teachers is aware of physical homophobic bullying.
- Just 6% of British schools have fully inclusive anti-bullying policies which address homophobic bullying.

What impact does this have on students' education?

- Lesbian and gay pupils are more likely to leave school at 16 despite achieving marks that merit continuing with their education.
- Two in five say they fear that bullying will continue if they stay.
- Three in four bullied lesbian and gay young people say they feign illness or play truant to escape the impact of bullying.
- The effects of homophobic bullying are not limited to lesbian, gay and bisexual young people. An educational culture where homophobic bullying exists can affect anyone singled out as different. A culture where any sort of bullying exists makes schools unsafe for everyone.

(Stonewall, Education for All Campaign, 2005)

Homophobic Bullying (continued)


Tackling homophobic bullying demands a 'whole school' approach and requires the support of governors, head teachers, teaching and other staff and pupils.

If you feel that your school would benefit from support and training - based on Stonewall's Education for All Campaign – the Sexual and Reproductive Healthcare Partnership can help.

We can offer free training to explore the issues surrounding homophobic bullying, support staff to challenge homophobic behaviour and identify practical ways in which you can address and prevent homophobic bullying.

If you would like further information or to book a training session, please contact:

Angela King
(See Training Contacts page 8)



Sexual health is a state of physical, mental and social well-being related to sexuality; it is not merely the absence of disease, dysfunction or infirmity.

Sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination and violence.

For sexual health to be maintained, the sexual rights of all persons must be respected, protected and fulfilled.

Clinical Courses

Pregnancy Testing

Aim

To increase access to testing, remove stigma and promote early referral for unplanned pregnancy.

Learning Outcomes

- To be able to undertake a pregnancy test safely
- Comply with Health & Safety regulations regarding safe disposal of waste
- Have an awareness of the menstrual cycle and factors which may affect it.
- Be able to give simple advice and refer on where necessary.

Target Group

Open to clinical and non clinical staff working with women of child bearing age who need access to rapid and confidential pregnancy testing e.g. sexual health and community nurses and support workers, voluntary sector and youth workers.

Dates	Time	Venue
Weds 14th April 2010	2.00pm - 4.00pm	Conifer House
Mon 25th Oct 2010	2.00pm - 4.00pm	Conifer House

For any of the above clinical training please contact:
Christine Hornsby, Training & Events Facilitator,
Conifer House, 32-36 Prospect Street, Hull, HU2 8PX
(Tel: 01482) 336353 (Mon, Wed, Fri).

A Guide to Contraception Including LARC

Aim

To reduce unplanned pregnancy by increasing access to advice and information.

Objectives

- To understand the methods available
- To be able to explain where and how clients may access these
- To be able to briefly explain how the methods work
- To be able to briefly explain advantages and disadvantages

Target Group

Open to clinical and non clinical staff working with young people and older clients needing advice regarding contraception.

Dates	Time	Venue
Mon 17th May 2010	2.00pm - 4.00pm	Conifer House
Mon 8th Nov 2010	2.00pm - 4.00pm	Conifer House

For bookings regarding any of the above clinical training please contact: Christine Hornsby, Training & Events Facilitator, Conifer House, 32-36 Prospect Street, Hull, HU2 8PX (Tel: 01482) 336353 (Mon, Wed, Fri).

Chlamydia Screening via the "CASPHER" Programme

Aim

To enable clinical and non-clinical staff to provide easy access to non invasive, confidential Chlamydia testing for young people up to 25 years

Objectives

- To understand the rationale for local and national testing
- To be able to explain testing and results process to clients
- To be able to undertake testing
- To be able to comply with Health & Safety regulations regarding safe disposal of waste

Target Group

Open to clinical and non clinical staff working young people under 25yrs needing access to easy and confidential Chlamydia testing.

Dates	Time	Venue
Weds 14th April 2010	1.00pm - 2.00pm	Conifer House
Mon 25th Oct 2010	1.00pm - 2.00pm	Conifer House

For bookings regarding any of the above clinical training please contact: Christine Hornsby, Training & Events Facilitator, Conifer House, 32-36 Prospect Street, Hull, HU2 8PX (Tel: 01482) 336353 (Mon, Wed, Fri).

Implanon Insertion & Removal

Aim

To reduce unplanned pregnancy by increasing the provision of this long acting reversible method of contraception.

Learning Outcomes

- Have an understanding of the way the method works
- Be able to explain risks and benefits to clients
- Have an awareness of own professional accountability in relation to this role.

Target Group

Experienced first level registered nurses regularly working in sexual health or practice nurse setting with an up to date recognised Family Planning qualification.

Theoretical sessions will be arranged when there is sufficient demand. Participants will also need to undertake a period of supervised practice with a LoC qualified mentor.

For bookings regarding any of the above clinical training please contact: Christine Hornsby, Training & Events Facilitator, Conifer House, 32-36 Prospect Street, Hull, HU2 8PX (Tel: 01482) 336353 (Mon, Wed, Fri).

PATIENT GROUP DIRECTIONS (PGDs) - Emergency Hormonal Contraception (2 Day Course)

Aim

This 2 day clinical training is designed to enable nurses with and without a Family Planning Qualification to supply emergency hormonal contraception EHC (morning after pill) to clients of all groups in an effort to reduce unplanned pregnancy.

Learning Outcomes

- To assess clients suitability for EHC and supply drug safely
- Give an understanding of the physiological effects of EHC, risks and benefits to clients
- Professional accountability, impact on own practice and the team.

Target Group

This course is aimed at First level registered nurses working in Hull & East Riding in sexual health, primary care, school nursing or health visiting.

Participants should be prepared to undertake some personal study as formal assessment will be undertaken on day 2.

As there is high demand for this course, applications can only be accepted from the above target group.

Dates

Thurs 24th June & Thurs 8th July 2010
Thurs 7th & Thurs 21st Oct 2010

Venue

Conifer House
Conifer House

For bookings regarding any of the above clinical training please contact: Christine Hornsby, Training & Events Facilitator, Conifer House, 32-36 Prospect Street, Hull, HU2 8PX (Tel: 01482) 336353 (Mon, Wed, Fri).

Diploma of the Faculty of Sexual and Reproductive Healthcare Course (DFSRH)

Aim

This 2-day course aims to equip candidates with the knowledge, skills and attitudes necessary to deliver effective contraceptive and sexual health care to clients of all ages. The course consists of a 20 hour e-learning package followed by a series of practical sessions and assessment in practice.

Learning Outcomes

By the end of the course candidates should:

- Understand the menstrual cycle in relation to fertility and contraceptive methods
- Understand the principles of all methods of hormonal and non hormonal methods of contraception including male and female sterilisation
- Be aware of confidentiality, the law and service provision in relation to young people under 16 years
- Be aware of psychosexual issues, referral processes and management

- Be aware of options available to women with unintended pregnancy and referral pathways
- Have an awareness of current practice relating to cervical cytology

Target Group

Doctors and nurses from Primary Care, family planning or secondary care clinicians who may encounter clients with contraceptive needs, sexual health or well woman issues.

For bookings regarding any of the above clinical training please contact: Christine Hornsby, Training & Events Facilitator, Conifer House, 32-36 Prospect Street, Hull, HU2 8PX (Tel: 01482) 336353 (Mon, Wed, Fri).

This course can be taken as 'stand alone' or with the Sexually Transmitted Infections Foundation Course (STIF)

Sexually Transmitted Infections Foundation Course (STIF)

Aim

This 2-day course recognised by BASHH aims to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs)

Learning Outcomes

By the end of the course candidates should:

- Understand the principles of STI service provision
- Be aware of the issues relating to confidentiality, partner notification and treatment
- Have developed a basic knowledge of common STIs, their presentation, diagnosis and management
- Be competent, and feel comfortable, taking a sexual history and know where and when to refer patients on
- Be able to inform patients on reducing their risk of STIs and unplanned pregnancy
- Be able to optimise care pathways through improved links with local GU Med, sexual health and microbiology

- Have an appreciation and acceptance of the range of human sexuality, lifestyles, culture and the impact this has on transmission/prevention counselling
- Have developed an understanding of how one's personal beliefs could affect the consultation

Target Group

Doctors and nurses from primary care, family planning, secondary care clinicians (who may encounter patients with STIs e.g. obs & gynae, rheumatology, A&E etc.), GUM NCCGs, health advisors, school nurses etc.

Dates

Thurs 20th & Fri 21st May 2010

Venue

Ramada Hull Hotel

For bookings regarding any of the above clinical training please contact: Christine Hornsby, Training & Events Facilitator, Conifer House, 32-36 Prospect Street, Hull, HU2 8PX (Tel: 01482) 336353 (Mon, Wed, Fri).

This course can be taken as 'stand alone' or with the Diploma of the Faculty of Sexual and Reproductive Healthcare course (DFSRH)

For further information regarding any of the above clinical training please contact:

Carol Totterdell
Integrated Team Leader Sexual Health,
Conifer House, 32-36 Prospect Street,
Hull, HU2 8PX
on 01482 336387 / 07919544506
or carol.totterdell@chcphull.nhs.uk.

Bespoke sessions can also be arranged to suit your needs and in your own workplace.



network

Hull and East Riding Sexual and Reproductive Healthcare Partnership

