

Emergency Hormonal Contraceptive Pill (EHCP) or Emergency Intrauterine Device (IUD)

Offer choice of EHCP or IUD with information on:

- effectiveness/what if they fail
- contraindications
- side effects

Good Practice
Advise oral analgesia 1 hour pre-appointment for IUD fit

Emergency Hormonal Contraceptive Pill (EHCP)
(effectiveness depends on where in cycle/time since unprotected sex)

Emergency IUD
(99+% effective)
any time in cycle. Must be fitted within five days of ovulation

Information Box
Offer choice and give information:

- effectiveness/what if they fail
- contraindications
- side effects
- how drug works
- what if you vomit?
- how to check if it's worked

In-house fit

Out-of-house fit

Take history including medical contraindications and current/recent medications

If asymptomatic of STI screen for Chlamydia

If symptomatic, of STI refer to/advice from GU/CASH/ Family Planning at Conifer House, as complex

- Refer on
- Supply emergency pill in interim
- Fax details or patient carry own letter
- Do chlamydia screen

Supply EHCP together with written and verbal information

Fit IUD

If fail to fit, provide EHCP (Levonelle/ ellaOne) and refer

At provision, discuss on-going contraception including LARC

Expert contraception service (Emergency Coil Network) fits IUD

Make arrangements to take pregnancy test if any question of pregnancy three weeks after emergency contraception given

Initial supply. Give information on method, both written and verbal

Refer on to Specialist Contraception Provider and provide interim method of contraception

"Quick Start"
COC/POP/patch/
ring/Depo
Provera/Implanon

Start with next period

Information Box
Emergency Hormonal Contraception

- Up to 72 hours (3 days) give Levonelle
- Days 4 and 5 give ellaOne